

Balance Diagnoses Documentation Templates

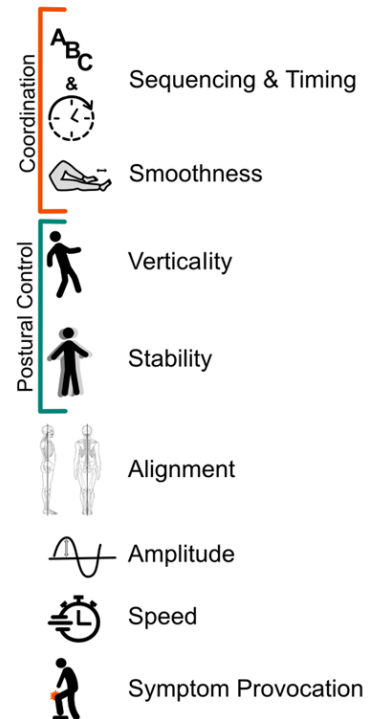
The following are example phrases that can be used to support the integration of balance diagnosis documentation into clinical practice.

Subjective Statement Template

Pt reports ***symptoms/unsteadiness/fear/falling*** when engaging in functional tasks of ***sitting, standing, standing up, walking, stair-climbing, turning, reaching***, leading to a need to perform a movement analysis. {Symptoms could include pain, dizziness, other}

Objective Template

Task 1:		
Movement Analysis:		
	Modification 1:	Movement deviations from baseline:
	Modification 2:	Movement deviation from baseline:
Task 2:		
Movement Analysis:		
	Modification1:	Movement deviations from baseline:
	Modification 2:	Movement deviations from baseline:
Task 3:		
Movement Analysis:		
	Modification 1:	Movement deviations from baseline:
	Modification 2:	Movement deviations from baseline:



Task and/or environmental modifications to identify possible deficits in different underlying determinants				
Postural movement strategies (PM)	Sensory processing (SP)	Balance confidence (BC)	Perception of verticality (PV)	Multi-tasking (MT)
Surface height, BOS, speed.	Firm vs foam surface, eyes closed, head movement.	Repeat task near support surface.	Correct vertical alignment and examine resistance and ability to maintain	Motor or cognitive dual-task, environmental distractions.

Assessment Summary Template

Patient is a ***Personal and Environmental Factors*** referred to physical therapy for evaluation and treatment of deficits associated with ***Health Condition***. Movement analysis of ***tasks*** with ***modifications*** demonstrates deficits in postural control with key observations of atypical ***symmetry, speed, amplitude, alignment, postural control, coordination, symptom provocation***. Further examination using ***tests and measures*** revealed ***impairments of BFS or activity***. This is consistent with deficits in ***steady state/anticipatory/reactive*** postural control primarily related to ***impaired/atypical Postural Movement Strategies/Sensory Processing/Perception of Verticality/Multi-task Ability/Balance Confidence***.

Goal Template

Short version

This patient will demonstrate improvements in ***steady state/anticipatory/reactive postural control*** tasks as evidenced by ***improvements in specific tasks/scored tests/items*** within ***time frame*** to ***reduce fall risk/fulfill activity or participation roles***.

Comprehensive version

This patient will demonstrate improvements in ***Postural Movement Strategies/Sensory Processing/Perception of Verticality/Multi-task Ability/Balance Confidence*** with ***steady state/anticipatory/reactive postural control*** tasks as evidenced by ***improvements in specific tasks/scored tests or items*** within ***time frame*** to ***reduce fall risk/fulfill activity or participation roles***.

The above are example phrases that can be used to support the integration of balance diagnosis documentation into clinical practice.